

Meso-ORIGINS feasibility study results, final design and main study update

Dr Katie Ferguson

PhD Candidate, Institute of Cancer Sciences, University of Glasgow

Pleural Research Fellow, Queen Elizabeth University Hospital, Glasgow

Background

- Mesothelioma presaged by an apparent episode of Benign Pleurisy (aka Benign Asbestos Pleural Effusion (BAPE)) in some patients (Davies *et al*, EJCThS 2010 12% (95%CI 5-24%))
- True nature uncertain (?false negative sampling in some) but window of opportunity to study Benign-MPM evolution
- Focus of the CRUK Accelerator Project PREDICT-Meso
- Within PREDICT-Meso, Meso-ORIGINS will recruit and follow up patients with **benign initial biopsies**, generating matched **Benign-MPM tissue pairs**
- The current MESO-ORIGINS feasibility study addresses areas of uncertainty in study design, including sample size and surveillance protocol

Uncertainties prior to Feasibility Study



1. Sample size, based on a more precise estimate of evolution rate (benign biopsy with subsequent Mesothelioma ≤ 2 years)?
 - Target = 63 pairs needed for downstream 'omic pipeline
 - Pre-feasibility sample size = 590 (Based on 12% (5-24%) Evolution¹ & 10% loss to FU)

2. Recruitment Feasibility
 - Can sufficient numbers be recruited over 3.5 yr using the proposed eligibility criteria?
 - Assumption that 25 UK sites will be opened.
 - Target = 27 patients in 12 months from 4 UK sites (2.25 patients/month)

3. What form of surveillance and repeat pleural biopsy would be:
 - a) Acceptable to participants
 - b) Technically possible, particular repeat Thoracoscopy

1. Davies *et al*, EJCTS 2010

Methods



- Multi-centre feasibility study with retrospective and prospective elements
- 4 UK Pleural Disease centres

Inclusion Criteria

- History of asbestos exposure or compatible imaging, e.g. plaques
- Initial histological diagnosis (LAT/image guided) of Benign Fibrinous Pleurisy, Non-specific Pleuritis, Atypical Mesothelial Proliferation (radiological diagnosis of BAPE permitted for prospective study)

Exclusion Criteria

- MPM or any secondary pleural malignancy
- Pleural infection, empyema or granulomatous pleuritis

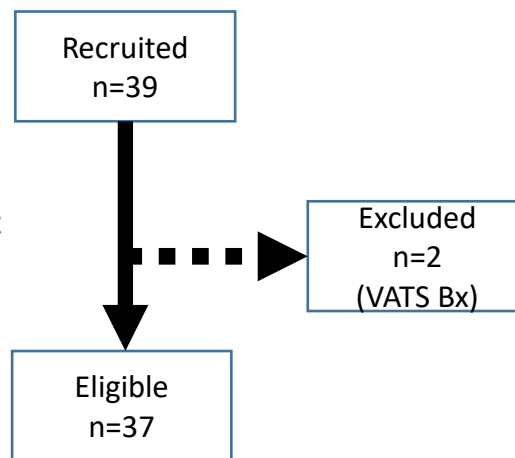
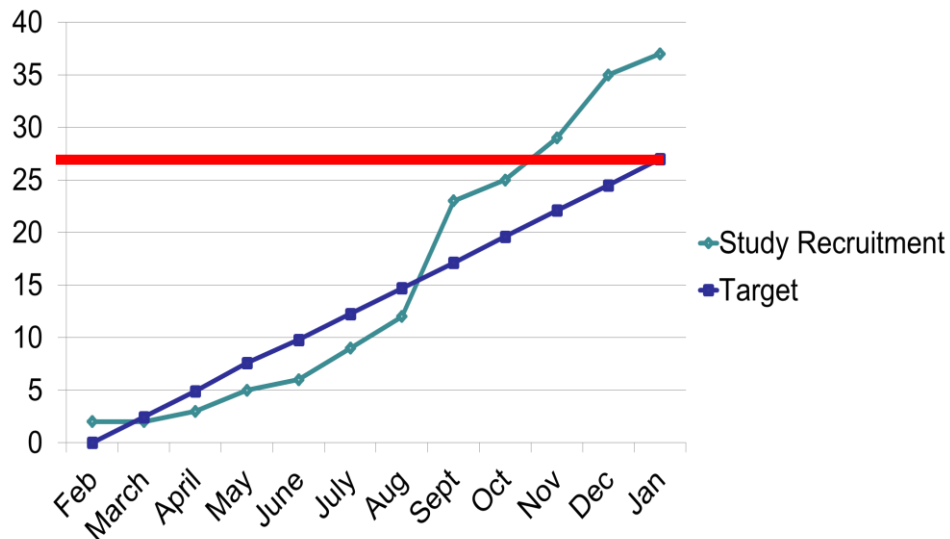
PLUS for retrospective study – VATS biopsy cases permitted and two years follow up data required



Objectives and Endpoints

	Study Objective	Associated End-point
Prospective Study	Primary: Feasibility of recruitment based on proposed surveillance protocol (including LAT)	Recruitment rate
	Secondary: To explore reasons for declining consent to surveillance and the acceptability	Patient acceptability questionnaire results
Retrospective Study	Primary: To determine the rate of MPM evolution in patients with initial benign biopsies	Proportion of eligible patients in whom MPM is diagnosed within 2 years of biopsy
	Secondary: identify baseline predictors of MPM transition	Logistic regression model for MPM evolution using baseline data

Results - Prospective Study

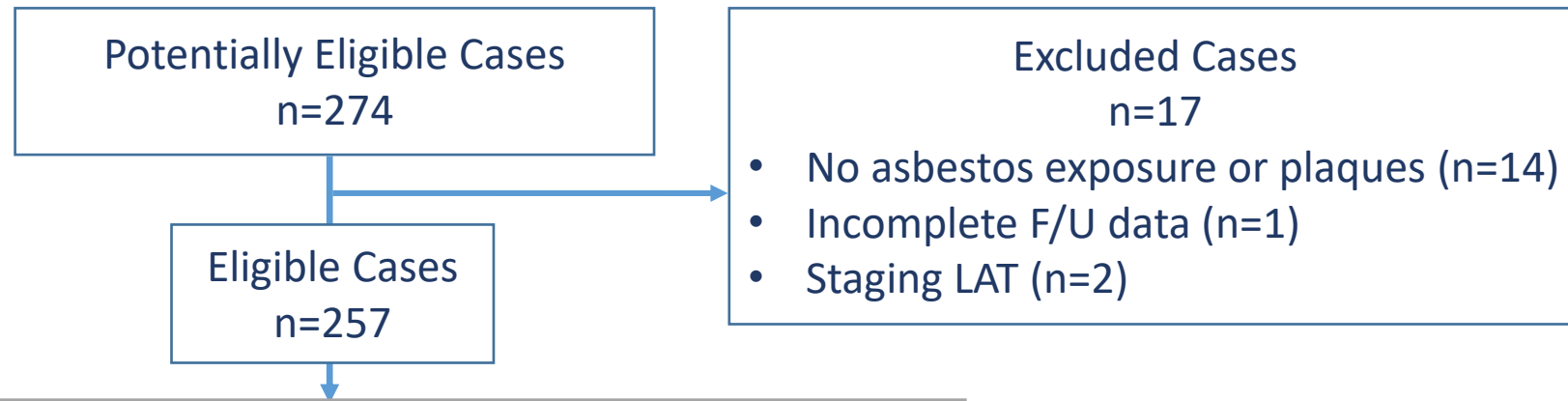


Baseline Characteristics	n=37
Age, median (range)	73 (52-88)
Male, No. (%)	37 (100%)
Effusion left sided, No. (%)	19 (51%)
Effusion unilateral, No. (%)	35 (95%)
Effusion <50% thorax, No. (%)	32 (86%)
Pleural Plaques on CT, No. (%)	29 (78%)
Benign CT according to report, No. (%)	32 (86%)

- 27 completed face-to-face LAT assessment (9 unable due to COVID restrictions and 1 death)
- LAT was technically feasible in 13/27 (48%) patients who had US assessment BUT 5/13 would refuse repeat LAT – **LAT is both feasible and acceptable in 8/27 (29.6%)**
- US guided biopsy was feasible in 3/27 (11%)
- Rate of BAPE to MPM progression – 4/37 (10.8%)

Patient acceptability Questionnaire Results	Number of patients (hypothetically) consenting (%) n=35
Blood test	35 (100%)
Breath test	34 (97%)
CT scan	34 (97%)
MRI scan	35 (100%)
Pleural fluid aspirate	28 (80%)
LAT	23 (66%)

Results - Retrospective Study



Age (Mean (SD))	72 (9) years
Male gender (n (%))	243 (95%)
Asbestos exposure history (n (%))	236 (92%)
Effusion: Right sided (n (%))	126 (49%)
Unilateral (n (%))	236 (92%)
<50% Hemithorax (n (%))	201 (78%)
Pleural plaques on CT (n (%))	167 (65%)
Malignant CT Report (n (%))	68 (26%)

Eligible Cases n=257



MPM Evolution

n=42/257

(16% (95%CI 12.3-21.4%))

Biopsy confirmed

N=36 (14%)

Not biopsied n=6

- Radiological n=3
- Post Mortem n=3

Malignant CT Report (n (%))

23/42 (54.7%)

Time to repeat biopsy (months)

5.8 months

No MPM Evolution

n=215/257

(84%)

Non-MPM
malignancy
n=9/257
(3.5%)

Specific benign diagnosis

n=5/257

(1.9%)

- Autoimmune n=1
- Inflammatory n=2
- Rheumatoid n=1

Regression model:

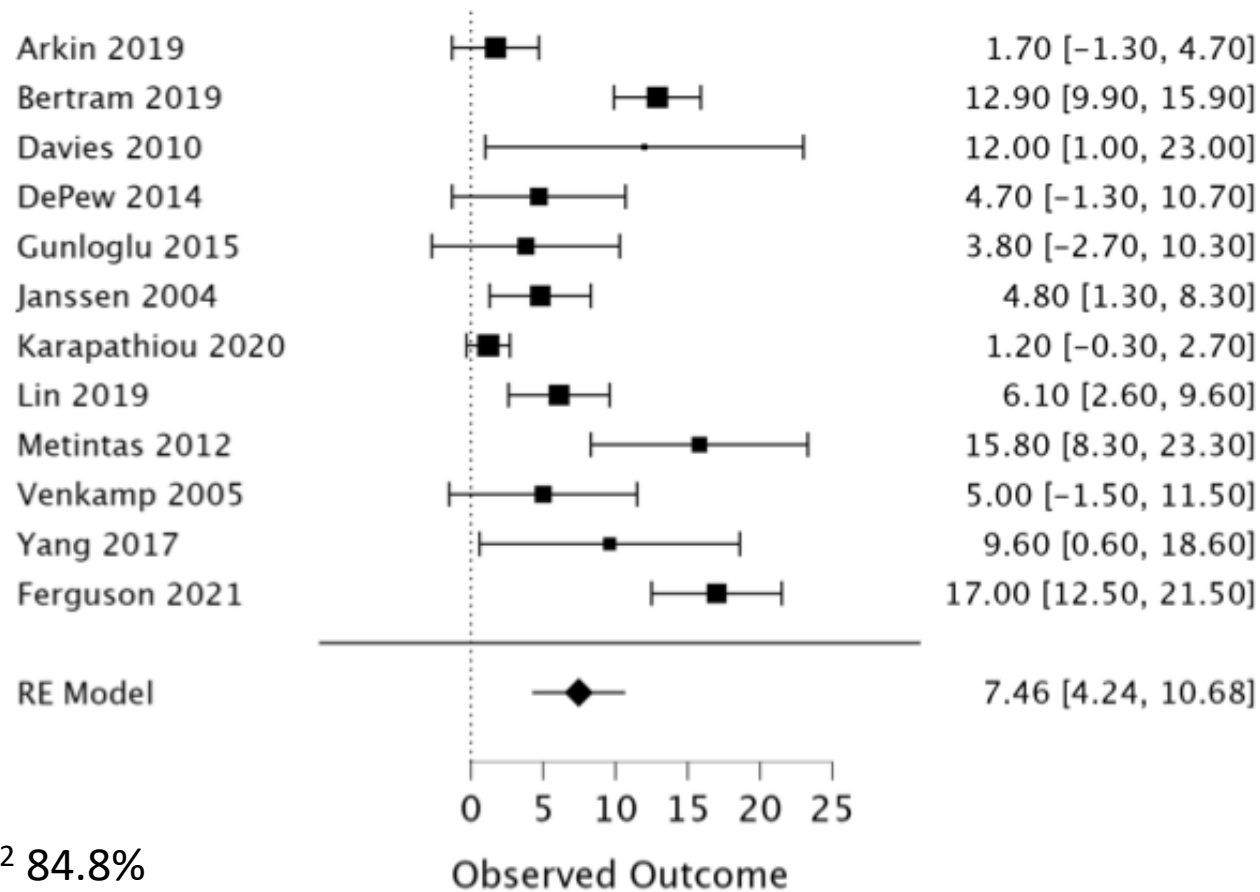
- Univariate analysis: age (OR 1.06, (95% CI 1.02-1.11), p=0.0055) and malignant CT report (O.R 4.41, (95% CI 2.22-8.9), p <0.0001) were the only variables associated with MPM evolution
- Multivariate analysis: age (OR 1.06, (95% CI 1.02-1.12), P<0.0001) and malignant CT (OR 4.78, (95% CI 2.36-9.86), p<0.0001) retained independent predictive value for MPM evolution

Results in Context



	Benign Pleuritis Cases (n)	MPM Evolutions (n)	Evolution Rate (%)	Entry Criteria: VATS/LAT/Other	Exposure/Plaques	Median F/U (months)	Country and Region	Prospective or Retrospective
Arkin 2019	119	2	1.7	VATS	N/R	29	Turkey, Istanbul	Retrospective
Bertram 2019	658	85	12.9	VATS	N/R	36	Denmark	Retrospective
Davies 2010	42	5	12	LAT	22	21	UK, Oxford	Retrospective
DePew 2014	64	3	4.7	VATS & Open	N/R	60	USA, Minnesota	Retrospective
Gunloglu 2015	53	2	3.8	VATS	N/R	24	Turkey	Retrospective
Janssen 2004	208	10	4.8	LAT	N/R	9	Netherlands	Retrospective
Karpathiou 2020	259	3	1.2	VATS & LAT	N/R	47	France	Retrospective
Lin 2019	213	13	6.1	LAT	N/R	40	UK, Cambridge	Retrospective
Metintas 2012	101	16	15.8	LAT	N/R	24	Turkey	Prospective
Venkamp 2005	60	3	5	LAT	22.9	33	Belgium	Retrospective
Yang 2017	52	5	9.6	LAT	N/R	35	China	Retrospective
Ferguson 2021	257	42	17	LAT, VATS, image guided Bx	100	24	UK	Retrospective
<u>TOTAL</u>	2086	189						

Results: Random Effects Metanalysis



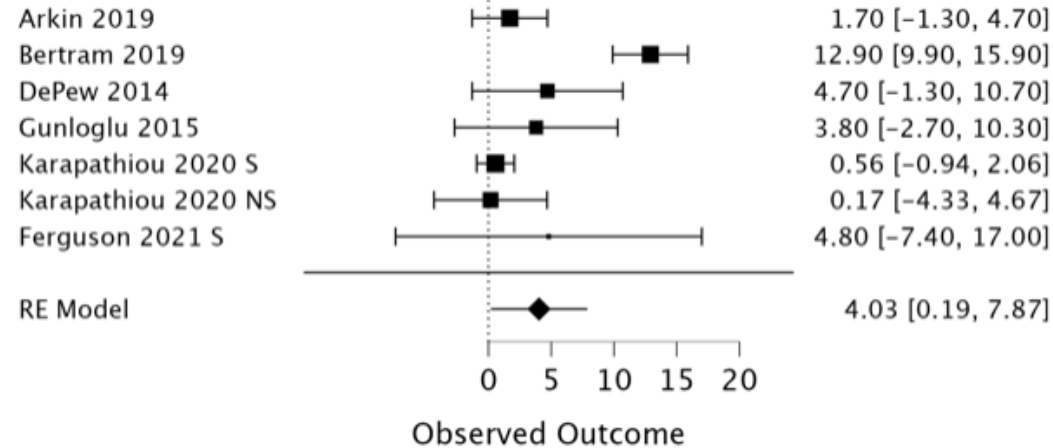
I^2 84.8%
 $p < 0.001$

Study Characteristic	Residual I^2	P-value
Surgical v Non-surgical Biopsy	81.9%	0.223
Age of Study (Pre-/Post-2010)	81.14	0.461
Median F/U	75.596	0.077
Regional MPM Incidence	Not Computed	
Asbestos Exposure	Not Computed	

Results: Surgical v Non-surgical Sampling

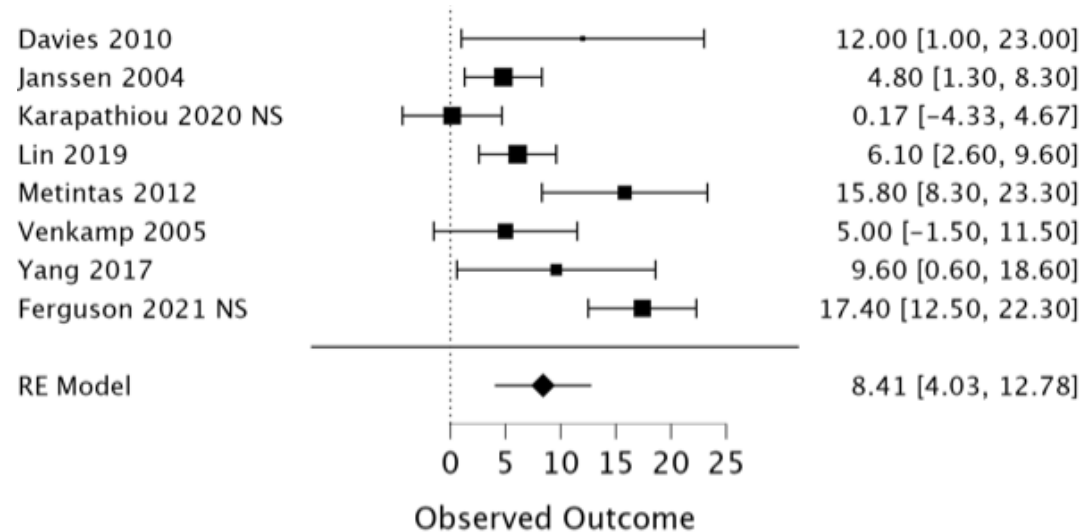


Surgical: VATS or Open Biopsy



I^2 86.1%
p<0.001

Non-Surgical: LAT or Image guided Biopsy



I^2 80.7%
p<0.001

Summary and Final Design



1. Based on biopsy confirmed evolution rate of 14%, the original sample size estimate (n=590) will generate > 63 Benign-MPM tissue pairs
 - Sample size therefore reduced to n=500 (assuming 10% loss to FU)
2. Recruitment of sufficient numbers using current eligibility criteria is feasible
 - When upscaled over 25 sites, this should deliver 500 participants
 - Frequency of Malignant CT features in Evolution cases in retrospective arm suggests initial false negatives are common - these cases will not be excluded
3. Surveillance and repeat biopsies are generally but not universally acceptable. Repeat LAT may only be technically feasible in half of patients
 - Range of repeat biopsy techniques (LAT/VATS/image-guided) required

Acknowledgements

Glasgow

Kevin Blyth

Selina Tsim

Laura McNaughton

Carolyn MacRae

Katie Ferguson

Jenny Ferguson

Bristol

Nick Maskell

Hugh Walsh

Oxford

Najib Rahman

Rachael Mercer

Manchester

Matthew Evison

Rachael Kelly

Jenny King



The June Hancock
Mesothelioma
Research
Fund



Questions or Comments